You have been diagnosed as suffering from haemophilia or another bleeding disorder. It is very important that you receive regular dental care and this leaflet will be able to help plan your treatment.

Everybody is advised to see their dentist every six months if they have their own teeth or every two years if they are wearing dentures.

It is important to understand that it may not be necessary for you to attend the hospital for your treatment.

Prevention Advice
This should be reinforced at each visit. It may include dietary information and the use of fluoride toothpaste and supplements where appropriate.

Hygiene Therapy
It very unlikely that a routine scale and polish including the use of ultrasonic scaling will cause any prolonged bleeding.

However, if the gingival and periodontal condition is very poor cover may be required to control bleeding. This will require you to be referred to the hospital for treatment.

Removable Denture
Treatment is unlikely to cause any problems.
Restorative Dentistry
Restorative dentistry, including the provision of crowns and bridges, can be carried out safely provided the local anaesthetic guidelines are followed (below).

Root Fillings
The placement of root fillings should not cause any problems. On occasions it may be necessary to apply a medication into the root canal before completing the treatment.

Extractions and Surgery
In most cases this will have to be carried out in the hospital environment to allow the administration of the appropriate cover and immediate post operative care. The haemophilia centre will confirm this.

Local Anaesthesia

Intravenous coagulation factor concentrates are usually only required when an inferior dental nerve block or a lingual infiltration is required. The requirement for such cover may alter depending on the proposed dental treatment. It is essential that information on both the treatment and the anaesthetic technique is given to the haemophilia centre so that they can assess the requirements for cover.

<table>
<thead>
<tr>
<th>LOCAL ANAESTHETIC TECHNIQUES</th>
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<tbody>
<tr>
<td><strong>BUCCAL INFILTRATION - NO COVER REQUIRED</strong></td>
</tr>
<tr>
<td>These can be used for anaesthetising all upper teeth and also the buccal aspects of lower premolars, canines, and incisors. The use of Articaine® may be considered for lower teeth.</td>
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<tr>
<td><strong>INTRA-PAPILLARY INJECTIONS - NO COVER REQUIRED</strong></td>
</tr>
<tr>
<td>These may be used for anaesthetising any teeth.</td>
</tr>
<tr>
<td><strong>INTRALIGAMENTARY INJECTIONS - NO COVER REQUIRED</strong></td>
</tr>
<tr>
<td>The use of these injections should not cause any problems in patients with congenital bleeding disorders. It is not a technique that is in common use as there is a slight risk of bleeding into the periodontal ligament, resulting in severe</td>
</tr>
<tr>
<td><strong>INFERIOR DENTAL BLOCK - COVER REQUIRED</strong></td>
</tr>
<tr>
<td>The inferior alveolar nerve block should only be required for treating the mandibular molar teeth. If it is required the patient may require appropriate cover by the haemophilia unit.</td>
</tr>
<tr>
<td><strong>LINGUAL INFILTRATION - COVER REQUIRED</strong></td>
</tr>
<tr>
<td>If a lingual infiltration is required the patient must have the appropriate cover.</td>
</tr>
</tbody>
</table>

Scottish Haemophilia Centres

- **Glasgow Comprehensive Care Haemophilia Centre**
  - The Royal Infirmary
  - Castle Street
  - Glasgow
  - G4 OSF
  - Tel: 0141 211 5127
  - Oral & Maxillofacial Surgery: 0141 211 4716

- **Edinburgh Comprehensive Care Haemophilia Centre**
  - The Royal Infirmary
  - 1 Lauriston Place
  - Edinburgh
  - EH3 9YW
  - Tel: 0131 536 2122
  - Dental Unit: 0131 536 3708

- **Grampian Area Haemophilia Centre**
  - Aberdeen Royal Infirmary
  - Department of Medicine
  - Foresterhill
  - Aberdeen
  - AB9 2ZB
  - Tel: 01224 681818
  - Maxillofacial Unit: 01224 556073

- **Haemophilia Centre**
  - Ninewells Hospital and Medical School
  - Haematology Department
  - Dundee
  - DD1 9SY
  - Tel: 01382 660111 ext. 3276
  - Dental Contact via: 01382 660111

- **Haemophilia Centre**
  - Raigmore Hospital
  - Regional Blood Transfusion Unit
  - Haematology Department
  - Old Perth Road
  - Inverness
  - IV3UJ
  - Tel: 01463 704000 ext. 4258/9
  - Oral & Maxillofacial Unit: 01463 704000 ext: 4282